

## HOW TO AVOID RISING ENERGY COSTS

Worried about rising energy costs? These are the best energy efficiency upgrades to reduce energy consumption in your home and lower your electric bills!

#### Healthy Home Assessment

A healthy home energy assessment is the first step toward reducing energy costs. An energy assessment uncovers hidden problems with your home's energy efficiency so you can implement the most effective solutions.





Home insulation is one of the most effective ways to reduce your energy costs. Insulation stops heat loss in the winter and heat gain in the summer so you can run your HVAC system less frequently, saving you money.

#### **Air Sealing**

Air sealing keeps conditioned air trapped inside your home and blocks outside air from entering. Air sealing works in tandem with home insulation to minimize energy loss and lower your bills.



#### **Duct Sealing**

Sealing and insulating your leaky ducts is one of the best ways to reduce your energy bills.





### **Energy-Efficiency Incentives**

You can save on energy efficiency upgrades like cellulose and spray foam insulation installation with rebates, tax credits, and other incentives! We can help you find out what incentives you're eligible for.

# Want to reduce your energy costs? Contact us to schedule a home energy assessment.



gethealthyhome.com 914-685-6496